

SALFORD WALKING FESTIVAL

Salford Ranger Team 2023

exciting
walks
for all
abilities

Over **40** autumn walks in Salford

Salford City Council



WELCOME TO OUR SALFORD WALKING FESTIVAL



**Packed full of
exciting walks
for everyone.**

This leaflet highlights
the various walks that
will be taking place
around in Salford.
There are long, short
and differently themed
walks to suit all abilities.



All information correct at
time of going to press.



TINY TOTS RAMBLE

Every Friday throughout
the year. 10.15am meet,
10.30am start.

Clifton Country Park,
Clifton House Road, M27 6NG.



A slow ramble around the park
for parents and carers with their
young children, playing on the fairy
tale trail, splashing in puddles.



GREAT
FOR
KIDS

UNDERNEATH THE ARCHES

Monday 18 September,
10am to 12.30pm
Kersal Moor, Salford M7 3GJ



A moderate ability circular walk from
Kersal Moor to the Thirteen Arches
via Drinkwater Park and the River
Irwell. Meet by the noticeboard.
richard.marshall@salford.gov.uk

WORSLEY STROLL

Saturday 30 September,
10.30am to 12.30pm
Beesley Green Community
Centre, M28 2QW



A moderate ability stroll to Dukes
Drive and back. Meet by Beesley
Green Community Centre.

THE KERSAL EXPLORER

Monday 11 October, 10am to 1pm
Kersal Moor, Salford M7 3GJ



A moderate ability circular walk,
starting at Kersal Moor and
descending to Peel Park via Kersal
Dale and Kersal Moor.
Meet by the noticeboard
richard.marshall@salford.gov.uk



GARDENS OF EAST SALFORD

Thursday 12 October, 10am to 1pm
Meadow Road, Broughton, M7 1PA



Starting at Crescent Meadows,
this moderate ability walk takes
in part of the Mancunian Insect
Super Highway, through Peel Park,
Ordsall Park and Ordsall Hall
Gardens, stopping for a tour of the
gardens and returning via Irwell
River Park. Booking essential.
gardeastsalf.eventbrite.co.uk



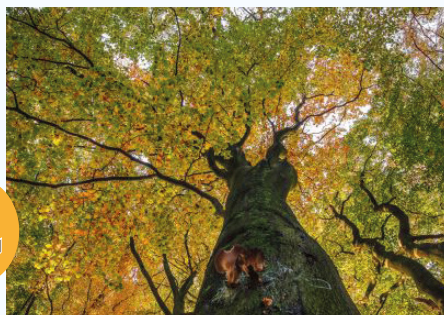
KERSAL WANDER

Saturday 14 October, 10am to 12pm
South Radford Street, M7 3GT



A moderate ability walk exploring
this beautiful loop of the river,
together with the woodland,
wetlands and landslide. Meet end
of South Radford Street, M7 3GT

WELLBEING WALKS



Health improvement walks

No booking required.

For more info contact the Health Improvement Team
Call: 0800 952 1000

Email: health.improvement@salford.gov.uk



WALK AND TALK

Every Tuesday, 1.30pm to 2.30pm

Peel Park Pavilion, Little Hulton, M38 0BU



An easy gentle one hour walk.



WALK FOR WELLNESS

Every Thursday, 1.30pm to 3pm

Meet at Cenotaph, Parr Fold Park, M28 7DU



A brisk walk, for an hour and a half.



STEP BOOSTING FRIDAY WALK

Every Friday, 10am

Meet outside Irlam and Cadishead Leisure Centre, M44 6BR



An easy friendly and relaxed community event, followed by refreshments at the end.

The Salford Community Leisure Wellbeing



Walks aim to help people get active locally, are easy walks led by trained volunteer walk leaders. Please arrive 10 minutes before the start of the walk, wear flat grippy shoes or trainers, suitable clothing for the weather and bring a bottle of water. No booking required, for further info contact jo.bennett@scll.co.uk

ORDSALL HALL GROUNDS WELLBEING WALK

**Thursday 21 September
1pm to 1.30pm**

Ordsall Hall. Meet outside the entrance, M5 3AN



A gentle 30min walk, exploring the inside and outside of Ordsall Hall.

RHS GARDEN BRIDGEWATER WELLBEING WALK

**Tuesday 26 September,
12pm to 12.30pm**

Occupation Rd, Worsley, Manchester M28 2LJ



A walk around the gardens of the RHS. Meet outside the Welcome Building, M28 2LJ. Bring proof of address if a Salford resident.



PEEL PARK AND OTHER HERITAGE SITES WELLBEING WALK

**Friday 6 October,
10.30am to 11.30am**

Meet outside Salford Museum and Art Gallery, M5 4WU



Walk around Peel Park, then onto some of Salford's heritage sites.

LOOPLINE WANDER WELLBEING WALK

**Monday 9 October,
1.30pm to 2pm**

Meet outside Worsley Leisure Centre, M28 3AB



A gentle walk towards Parr Fold Park.

SWINTON HERITAGE TRAIL WELLBEING WALK

**Wednesday 18 October,
1.30pm to 2.30pm**

Meet outside Swinton Gateway, M27 6BP



Gentle walk around the Heritage Trail of Swinton.



IRWELL VALLEY WALKS

Starting from Clifton Country Park, these walks take us deep into the surrounding post industrial heritage and wilderness of the Irwell Valley.

Tuesday 19 September

FREE
walk

10am to 12pm
Shoretown Farm and
Prestolee High Road
A moderate walk.

Tuesday 3 October

FREE
walk

10am to 1pm
To the Hurst Wood Viewpoint,
bring a snack
A hard walk.

Tuesday 10 October

FREE
walk

10am to 12pm
Down the Irwell, returning
back along the other side
A moderate walk.



Meet in the car park at
Clifton Country Park,
Clifton House Road, M27 6NG



Tuesday 17 October

FREE
walk

10am to 1pm
Along the Outwood Trail, returning
via the Manchester, Bolton and Bury
Canal. Bring a snack for the journey.
A hard walk.

Tuesday 24 October

FREE
walk

10am to 12pm
Nob End and Clammerclough woods
A hard walk.

Tuesday 31 October

FREE
walk

10am to 1pm
To Prestwich Clough and St
Mary's Flower Park, bring a
snack for the return journey.
A hard walk.

Worsley Woods Bat Walks

**Tuesday 19 September,
7pm to 8.30pm**
**Wednesday 4 October,
6.15pm to 7.30pm**



Beesley Green
Community Centre,
Greenleach Lane,
Worsley M28 2RT.



Meet by the Beesley Green entrance.
WorsleyWoodsBatWalk.
[eventbrite.co.uk](https://www.eventbrite.co.uk)

Blackleach Bat Walk

**Thursday 21 September,
7pm to 8.15pm**
Blackleach Country Park,
John St, Walkden, M28 3TD.



Meet by the Visitors Centre.
BlackleachBatWalk.eventbrite.co.uk



HERITAGE WALKS

TO THE MOTHER CHURCH

**Saturday 16 September,
10.30am to 1pm**

Dukes Drive Car park,
off Parrin Lane, Monton



Starting at Dukes Drive Car Park in Monton, this moderate walk takes us to Eccles where we visit the historic Eccles Parish Church, and take a guided tour as part of Heritage Open Days. We then return to Dukes Drive. Booking essential. motherchurch.eventbrite.co.uk



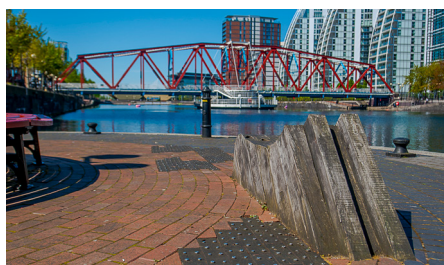
WALK TO WARDLEY HALL

**Thursday 26 September,
10am to 2pm**

Clifton Country Park,
Clifton House Road, M27 6NG



Starting from Clifton Country Park, M27 6NG, this walk moderate takes us across Clifton Moss and to Wardley Hall, where we will stop for a while to take in the history of this ancient building. Bring some cash as a donation to the Hall, and a change of footwear for the inside of the building. Return to Clifton, approx 2pm. Booking essential. wardleyhallwalk.eventbrite.co.uk



IN QUEEN VICTORIA'S FOOTSTEPS

**Wednesday 11 October,
10am to 12.30pm**

Worsley Delph, Worsley,
Manchester M28 2GD



Meet at Worsley Delph at 10am for a moderate ability guided tour of her historic visit including Worsley Woods, Kempnough Hall and Worsley Old Hall, and the inside of historic St. Mark's Church. Booking essential. queenvicsteps.eventbrite.co.uk

SALFORD QUAYS HERITAGE WALK

Friday 13 October, 10am to 12.30pm

Ordsall Park, Trafford Rd,
Ordsall, Salford M5 3AD



Meet at Ordsall Park at the bowling pavilion near Hulton Street, M5 3NZ. Join us on this moderate ability heritage walk around Salford Quays, learning about its great history. Booking essential. salquaysheritage.eventbrite.co.uk

MINDFUL WALKS

Easy mindful walks, booking is essential, email natalierossiterwellbeing@gmail.com

RELAXATION, AWARENESS AND GROUNDEDNESS

FOREST BATHING

Sunday 1 October, 10am to 12.30pm

Meet outside the visitor centre café, Clifton Country Park, M27 6NG



An immersive walk in Nature, guided in how to connect to the natural environment.

MINDFUL LUNCH BREAK WALK

**Monday 25 September,
12.30pm - 1.30pm**

Peel Park, M5 4WU



A guide to practising mindfulness whilst walking. Meet in Peel Park, bottom of the steps near Museum and Art Gallery.



WILDLIFE WALKS

AWESOME AUTUMN

**Wednesday 27 September,
10am to 12pm**

Blackleach Country Park,
John Street off Bolton Road,
Walkden M28 3QQ



A moderate ability nature walk around Blackleach Country Park and the surrounding looplines looking out for signs of autumn. Meet at the visitor centre.
richard.marshall@salford.gov.uk



FRUIT, FUNGI AND BERRIES

**Saturday 30 September,
10am to 12pm**

Peel Park, The Crescent,
Salford, M5 4WU



Learning what can be foraged in the open spaces of Salford, with Dave Winnard. Meet outside Peel Park ranger base. Booking essential.
ffbdavew.eventbrite.co.uk



THE WOODS AT NIGHT

Monday 16 October, 7pm to 9pm

Worsley, Manchester M28 2WP



Explore Worsley Woods in the dark on this moderate ability walk. Bring a torch. Meet by the Beesley Green entrance. Booking essential.
DarknessWorsleyWoods.eventbrite.co.uk



FUNGAL FORAYS



Clifton Country Park

**Wednesday 25 October,
10am and 1pm**

Clifton House Road, M27 6NG



A walk with expert Dave Winnard, looking for the amazing shapes and colours of fungi to be found in the woodlands. Booking essential. 10am morning walk book at:
ffccpam.eventbrite.co.uk
1pm afternoon walk book at:
ffccppm.eventbrite.co.uk



NORDIC WALKING

**Every Saturday
9.30am to 1pm**

Clifton Country Park,
Clifton House Road, M27 6NG.



Also Thursdays 10am to 12.30pm
at varying Salford venues.

Nordic Walking turns a walk into a workout without you even realising. It is suitable exercise for almost everyone as it is tailored to the individual. Done correctly, it is total body walking that strengthens and tones. The group's motto is 'Fitness, Fun, Friendship and Fresh Air'. Sessions tailored to suit everyone. Sessions led by Parks and Pathways Nordic Walking. Check website for start times and walk price.
parksandpathwaysnordicwalking.co.uk or call 07738 931710
<https://nordicwalking.co.uk/instructors/parks-and-pathways-nordic-walking>



EVERY
SATURDAY
THROUGHOUT
SEPTEMBER
AND OCTOBER

HALLOWEEN

HALLOWEEN TRAIL AND PUMPKIN CARVING

Tuesday 24 October,
10am to 12pm
and 1pm to 3pm
Peel Park, M5 4WU



Join the ranger to carve a pumpkin and then take yourself away on a spooky walk through the park. Booking essential.

haltrailpeel.eventbrite.co.uk

HALLOWEEN TRAIL

Wednesday 25 October,
1pm to 3pm
Dukes Drive Car park,
off Parrin Lane, Monton



A self-guided trail to lead you through the haunted park.



EASY ABILITY
HALLOWEEN
WALKS

HALLOWEEN TRAIL

Friday 27 October,
10am to 12pm
Clifton Country Park,
Clifton House Road, M27 6NG



A self-guided trail to lead you through the haunted park.

FOLKLORE WALK

Saturday 28 October,
10am to 12pm
Peel Park, M5 4WU



Discover the folklore around the tree trail in Peel Park. Booking essential.
treefolklorepeel.eventbrite.co.uk

FOR FURTHER INFORMATION

For further information contact Salford Ranger Team.
Email rangers@salford.gov.uk
Clifton Country Park Visitor Centre,
Clifton House Road, Swinton, M27 6NG